

MINISTRY OF HEALTH OF THE REPUBLIC OF BELARUS
EDUCATIONAL INSTITUTION
Gomel State Medical University
Department of Psychiatry, Narcology, Psychotherapy and Medical Psychology
List of questions for the exam in the specialty "module" "Mental Health" for students
5 course of the Faculty of Medicine and FIS

1. The subject and objectives of psychiatry, stages of its development. Organization of psychiatric and substance addiction services in the Republic of Belarus.
2. The concept of health and illness in psychiatry including substance use medicine. Criteria for mental health and the concept of mental disorder.
3. Provisions of the Law on Psychiatric Care in the Republic of Belarus: Rules on providing psychiatric care in the Republic of Belarus. Regulations on conducting psychiatric examinations.
4. Provisions of the Law on Psychiatric Care in the Republic of Belarus: provision on the preservation of information on the mental state of citizens.
5. Indications and procedure for compulsory psychiatric examination and hospitalization in a psychiatric hospital.
6. Indications and procedure for involuntary hospitalization in a psychiatric hospital.
7. Mental health assessment. Goals and objectives of medical and social assessment. Criteria for determining disability groups and their prevention, as well as for patients with mental disorders.
8. Mental health examination. Goals and objectives of forensic psychiatric examination. Concepts of sanity and legal capacity, insanity and incompetence.
9. Mental health examination. Goals and objectives of military medical examination. Fitness levels for military service.
10. Examination of patients with Alcohol and drug intoxication. Key points of the examination regulations. Examination procedure.
11. Bio-psycho-social model of mental disorders. The role of biological factors in the genesis of mental disorders.
12. Bio-psycho-social model of mental disorders. The role of psychological and social (cultural, demographic) factors.
13. Syndromological and nosological approaches to psychiatry. Principles of classification of mental disorders according to ICD-10. Three-axis system for psychiatric diagnosis.
14. Epidemiology of major mental disorders. Mental disorders as a medical and social problem.
15. The concept of symptom and syndrome in the clinical setting of mental illness. Their diagnostic and prognostic significance.
16. Sensory disturbances: anesthesia, hypo- and hyperesthesia, paresthesia, senesthopathy. Mental and somatic disorders that involve sensory disturbances.
17. Perception as a mental function. Properties of perception. Classification of perceptual disorders.
18. Illusions and disturbances of psychosensory synthesis; objective signs of their presence. Diseases in which they occur.
19. Hallucinations and their classification. Objective signs of their presence. Diseases in which they are most common.
20. Hallucinations: differences between true and pseudohallucinations. Conditions in which they are most common.
21. Memory as a mental function. Types of memory disorders. Diseases in which they occur.
22. Korsakoff's syndrome, clinical features, causes and outcomes.

23. Attention, characteristics. Types of disorders. Syndromes that include attention disorders.
24. Thinking. Definition. Classification of disorders of thinking.
25. Types of thinking disorders by pace, purposefulness, logical structure, productivity.
26. Obsessive ideas, definition, characteristics. Types.
27. Overvalued ideas. Types and characteristics.
28. The concept and definition of delusion, objective signs of delusion. Stages of development of delusion.
29. Primary and secondary delusions. Types of delusions by content.
30. Types of delusions (paranoic, paranoid, paraphrenic, residual, induced).
31. Mental automatism syndrome (Kandinsky-Clerambault syndrome). causes, clinical picture, and associated diseases.
32. Intellectual impairment. Definition of dementia, forms, clinical presentation, and outcomes.
33. Mental retardation: definition, stages of mental retardation, main causes, clinical manifestations, outcomes.
34. Emotions. Disorders of emotional response, disorders where it can occur.
35. Depressive syndrome, clinical manifestations at varying degrees of severity.
36. Manic syndrome, clinical manifestations at varying degrees of severity.
37. Will. Stages of volitional acts. Types of disorders of willpower. Impulsive and compulsive actions.
38. Symptoms of volitional disorders. Impulse disorders. Diseases associated with volition.
39. Catatonic syndrome: hyperkinetic, hypokinetic, parakinetic. Clinical manifestations of each form. Causes, conditions associated with it. Treatment principles.
40. Consciousness. Jaspers' criteria for impaired consciousness. Signs of clear consciousness.
41. Classification of disorders of consciousness: paroxysmal and non-paroxysmal, clouded and shut-down type.
42. Characteristics of various forms and degrees of unconsciousness. Diseases in which they occur.
43. Clinical characteristics of clouded consciousness. Diseases in which they occur.
44. Substance use dependence syndrome: definition, diagnostic criteria according to ICD-10.
45. Withdrawal syndrome (discontinuation syndrome) due to the use of psychoactive substances, psychopathological content, conditions of its occurrence.
46. Drug addiction. Forms, types, and conditions of occurrence. Criteria for classifying psychoactive substances as narcotics.
47. Organization of treatment and preventive care for drug addiction. Treatment principles. Therapy methods at specific stages of treatment (diagnosis, substance use cessation, addiction treatment, and rehabilitation).
48. Alcohol dependence syndrome. Criteria for determining alcohol dependence.
49. Organization of treatment and preventive care for alcohol dependence syndrome. Treatment stages (diagnosis, cessation of substance use, addiction treatment, and rehabilitation). Alcohol treatment methods at specific stages.
50. Alcohol withdrawal syndrome. Main pathogenetic mechanisms. Clinical presentation, course of symptoms. Prevention and treatment.
51. Withdrawal syndrome with delirium due to alcohol withdrawal. Clinical features, diagnostic principles, and treatment.
52. Psychotic disorder predominantly hallucinatory. Alcoholic hallucinosis: clinical presentation, course, treatment. Differential diagnosis.

53. Mental and behavioral disorders associated with opioid use. Opioid withdrawal syndrome. The role of substitution therapy and psychosocial support.
54. Acute Opioid Intoxication Clinic. First aid and treatment for acute poisoning.
55. Mental and behavioral disorders associated with cannabinoid use. Acute intoxication. Withdrawal syndrome. Medical consequences of habitual cannabinoid use.
56. Mental and behavioral disorders associated with the use of sedatives and hypnotics. Acute intoxication. Withdrawal syndrome. First aid for acute poisoning and treatment.
57. Mental and behavioral disorders associated with cocaine and psychostimulant use. Acute intoxication clinical presentation. Withdrawal syndrome. First aid for acute poisoning and treatment.
58. Mental and behavioral disorders associated with volatile solvent use . Acute intoxication clinical presentation. Withdrawal syndrome. First aid for acute poisoning and treatment.
59. Schizophrenia: Definition, Epidemiology, Theories of Origin, and Risk Factors. Course and Prognosis.
60. Schizophrenia. General diagnostic criteria according to ICD-10.
61. Schizophrenia. Main psychopathological symptoms and course variations.
62. Schizophrenia: Negative symptoms, clinical presentation, differential diagnosis, and prognosis
63. Forms of schizophrenia: clinical features, differential diagnosis and prognosis according to the ICD 10 classification
64. Schizophrenia. Outpatient treatment and observation. Medical and social rehabilitation.
65. Acute psychotic disorders. Clinical presentation and differential diagnosis.
66. Delusional disorders. Clinical presentation, differential diagnosis, and treatment.
67. Autism spectrum disorders. Current concepts. Differential diagnosis. Treatment. Prognosis.
68. Bipolar disorder. Clinical features, main patterns of progression, and treatment.
69. Recurrent depressive disorder. Clinical features, treatment, and course.
70. Chronic mood disorders: cyclothymia, dysthymia. Clinical presentation, differential diagnosis, and treatment.
71. Neurotic, stress-related, and somatoform disorders. General diagnostic criteria. Differential diagnosis with psychotic disorders.
72. Principles of treatment of neurotic, stress-related disorders.
73. Agoraphobia with panic attacks. Clinical presentation, differential diagnosis, and treatment.
74. Panic disorder. Clinical features, differential diagnosis, and treatment.
75. Generalized anxiety disorder. Clinical presentation and treatment.
76. Obsessive-compulsive disorder. Clinical presentation, course, and treatment (medication and non-medication).
77. Stress-related disorders: Acute stress reaction. Post-traumatic stress disorder. Adjustment disorder. Diagnostic criteria according to ICD-10. Clinical presentation. Treatment.
78. Stress-related disorders: Post-traumatic stress disorder. Diagnostic criteria according to ICD-10. Clinical presentation. Course. Treatment.
79. Dissociative (conversion, hysterical) disorder. Main clinical manifestations. Diagnostic criteria according to ICD-10. Clinical presentation. Course. Treatment. Differential diagnosis with other diseases.
80. Somatoform disorders. Diagnostic criteria according to ICD-10. Types, clinical manifestations, differential diagnosis, treatment.
81. Attention deficit hyperactivity disorder in children. Current concepts. Differential diagnosis. Treatment. Prognosis.

82. Personality disorder. Definition. Diagnostic criteria according to ICD-10. Main causes, clinical characteristics, and outcomes.
83. Personality disorder. ICD-10 variants. Differential diagnosis.
84. Eating disorders: anorexia nervosa, bulimia nervosa. Etiological causes, clinical features, differential diagnosis, and treatment.
85. Nonorganic sleep disorders. Classification, treatment, and differential diagnosis.
86. Abuse of non-addictive substances (antidepressants, analgesics, antacids, laxatives, etc.). Clinical features, diagnosis, treatment strategies, and prevention.
87. Organic mental disorders. Main clinical forms. General diagnostic criteria according to ICD-10. Diagnosis. Treatment principles.
88. Dementia in Alzheimer's, Pick's, and Creutzfeldt-Jakob diseases. Clinical features and treatment.
89. Vascular dementia. Clinical presentation, course, and treatment.
90. Mental disorders due to epilepsy.
91. Organic delirium and hallucinosis. Causes, clinical features, differential diagnosis, and treatment strategies.
92. Organic delusional disorder. Clinical presentation, characteristics, and treatment.
93. Psychopharmacotherapy. The main groups of psychopharmacological drugs: antipsychotics, antidepressants, tranquilizers, psychostimulants, mood stabilizers, and nootropics.
94. Psychotropic medications: antipsychotics. Classification, indications, contraindications, and side effects, drug interactions
95. Neuroleptic, serotonin syndromes, and malignant catatonia. Clinical presentation. Treatment principles. Differential diagnosis. Measures to prevent the development of neuroleptic complications. drug interactions
96. Psychotropic drugs: antidepressants. Classification, indications, contraindications, and side effects. drug interactions
97. Psychotropic drugs: tranquilizers. Indications, contraindications, and side effects.
98. Psychotropic drugs: mood stabilizers. Indications, medications
99. Psychotherapy. Indications. Main types and methods.
100. Electroconvulsive therapy. Indications, contraindications, complications.
101. Suicidal risk: definition and assessment. Suicidal behavior, types, and risk factors.
102. Treatment of psychomotor agitation: physician tactics, precautions, acceptable restraints. Pharmacological methods.